

MODULE 8

CREATIVE JAMMING



8

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PREP PROMPT

If you could recreate one aspect of your daily work, with no limit on resources or technology, what would it be and why?

1. MASTER YOUR CRAFT
2. SUSPEND JUDGMENT

The hidden payoff in team innovation is joy.

CASCADE CHATS

I	II	III	IV
Culture	BSWH	Now	Legacy
Who's someone in our culture today who is a master in their field?	What do you think BSWH is "known for" in the medical profession?	Discuss an area of possible innovation where your team needs to "suspend judgment" to explore solutions.	Moving forward, how can your team highlight the joy that comes from teamwork?

OVERVIEW

L01: Understand the foundational components that enable improvisation
L02: Apply creative jamming techniques to increase creative outputs

Engagement Strategy:
Reflect on experiences with interpersonal creativity. Relate those experiences to components of effective, emotional creativity. Understand the fundamental strategies for persuasion. Practice using the creative medium of songwriting to craft a creative, persuasive message.

Synch Matrix:

	Start	End	Activity	Facilitator Notes
A	0:00	4:25	Main Intro / "Reflect" Exercise	Main Introduction and reflection exercise about a time when you had to creatively solve a problem.
	4:25	7:30	Why would you want constant innovation?	Nate Self talks about how the correct balance of innovation is most optimal for success.
B	7:30	15:20	Master Your Craft/ "Describe" Exercise	Nate Explains how you can't dream up new ideas if you don't first have a solid foundation of skill in that area and assigns a good exercise for listing things you are good at and credible for.
C	15:20	18:40	"Reflect" Exercise	What were your first impressions of the organization you work for?
D	18:40	27:20	Suspend Judgment/ "Apply" Exercise	Nate explains that it is important to withhold judgment and let ideas grow and nurture, and implements a helpful exercise to practice this attitude.
	27:20	30:00	Real Life Story Pt. 1	A real life story of how suspending judgment and mastering your craft can lead to the best outcome.
E	30:00	33:50	"Explore" Exercise	Discuss the question about what happened in the story.
	33:50	37:15	Real Life Story Pt. 2	A real life story of how suspending judgment and mastering your craft can lead to the best outcome. (Part 2)
	37:15	39:17	Conclusion	

Sources:
Csikszentmihalyi
Kahneman
Levitin
Torrance

DISCUSSION GUIDE

A CREATIVE PROBLEM SOLVING



REFLECT

- Talk about a time you creatively solved a problem.
- What was the problem and solution?
- How did you discover your solution?

B SKILLS T-CHART



DESCRIBE

Left Column: Work Skills/Experience

Right Column: Extra-Domain Skills/Expertise (Outside of Work)

C RECALL WHEN YOU FIRST ARRIVED AT BSWH



REFLECT

- What was your first impression?
- What surprised you? What didn't?
- What concerned you?
- Most importantly, what did you do with those insights?

DISCUSSION GUIDE

D "YES, AND" EXERCISE

- What is a current idea you have for improving your workplace?
- Take turns with a partner using "Yes, and..." to come up with a solution.
- Don't forget to "suspend judgment" as you explore the benefits.



E PAGER PA PROBLEM

- After hearing the story, was this a problem with not working the issue hard enough?
- Or, was the problem not being open enough in exploring solutions?



TAKE-AWAYS

INSIGHTS:

ACTIONS:

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CASCADE CHATS

These exercises are meant to deepen the learning and experience between modules for participants and their teams. Use blank spaces to record your personal responses prior to discussions. Update your notes based on the conversation.

I	Culture	Who's someone in our culture today who is a master in their field?	
II	BSWH	What do you think BSWH is "known for" in the medical profession?	
III	Now	Discuss an area of possible innovation where your team needs to "suspend judgment" to explore solutions.	
IV	Legacy	Moving forward, how can your team highlight the joy that comes from teamwork?	