



## **Equipping Medical Leaders Program**

CME Outline  
as of 12 SEP 18

### **Trust & Communication Worksop**

#### Trust

LO1: Explore and integrate components of interpersonal trust

LO2: Understand how to build and maintain trust within a group

#### Communication

LO1: Improve the ability to provide effective feedback

LO2: Understand effective strategies to engage in difficult conversations

### **Judgment Workshop**

#### Expertise & Intuition

LO1: Understand key factors in developing and leveraging expertise

LO2: Explore the conditions and limitations of professional intuition

#### Evaluation & Reflection

LO1: Understand elements of good decision-making evaluation

LO2: Use various reflection strategies to learn and grow from experience

### **Innovation Workshop**

#### Creativity & Insight

LO1: Distinguish and explore specific domains of creativity

LO2: Learn new strategies to find breakthrough ideas and insights

#### Persuasion

LO1: Describe the key factors in persuasion

LO2: Use various approach strategies in persuading others

### **Compassion Workshop**

#### Perspective Taking

LO1: Understand how to recognize emotion, take perspective, and connect with others

LO2: Recognize and resolve common errors in compassion

## Encouragement

LO1: Distinguish between the roles of coaching, teaching, and mentoring

LO2: Learn and demonstrate effective methods of encouraging others

## **Rejuvenate Workshop**

### Personal & Professional Identity

LO1: Identify transformative experiences & connect to a personal leadership narrative

LO2: Explore & integrate core identity concepts

### Communication & Connection

LO1: Describe how recent forces have changed human communication

LO2: Use interaction strategies to improve communication & connection to patients, peers, and the organization

### Decision Making

LO1: Recognize and resolve common decision-making errors

LO2: Understand and address the effects of personal decision-making tendencies

### Stress Management

LO1: Locate and distinguish environmental stressors

LO2: Use behavioral and situational strategies to reduce individual stress

### Gratitude

LO1: Describe the personal and interpersonal benefits of gratitude

LO2: Use effective strategies to increase the practice of gratitude

### Joy

LO1: Understand the components of joy (disposition, situation, cognition)

LO2: Use behavioral science strategies to increase joy