



## MODULE 8 (40 minutes)

### Topic Title: Creative Jamming Nate Self

LO1: Understand the foundational components that enable improvisation

LO2: Apply creative jamming techniques to increase creative outputs

#### Engagement Strategy:

Personal reflection of an innovative solution. Lecture describing the fundamentals of improvisation. Discussion of bases of expertise (intra-domain and extra-domain). Group exercise application of creative jamming techniques to a current problem set.

#### Synch Matrix:

Start	End	Activity	Facilitator Notes
0:00	4:30	Main Intro / "Reflect" Exercise	Main Introduction and reflection exercise about a time when you had to creatively solve a problem.
4:30	7:30	Why would you want constant innovation?	Nate Self talks about how the correct balance of innovation is most optimal for success.
7:30	15:20	Master Your Craft/ "Describe" Exercise	Nate Explains how you can't dream up new ideas if you don't first have a solid foundation of skill in that area, and assigns a good exercise for listing things you are good at and credible for.
15:20	18:40	"Reflect" Exercise	What were your first impressions of the organization you work for?
18:40	27:20	Suspend Judgment/ "Apply" Exercise	Nate explains that it is important to withhold judgment and let ideas grow and nurture, and implements a helpful exercise to practice this attitude.
27:20	30:00	Real Life Story Pt. 1	A real life story of how suspending judgment and mastering your craft can lead to the best outcome.
30:00	34:00	"Explore" Exercise	Discuss the question about what happened in the story.
34:00	37:15	Real Life Story Pt. 2	A real life story of how suspending judgment and mastering your craft can lead to the best outcome. (Part 2)
37:15	39:17	Conclusion	

#### Sources:

Csikszentmihalyi

Kahneman

Levitin

Torrance